Confirmation Letter of Intent

In renewing my baptismal vows, I profess my Catholic Faith in the Creed and renounce Satan. It is my intent in both Faith and practice to embrace the *entire* law of Christ contained in the Catholic Church; which includes being faithful to the teachings of the Holy Father in regards to issues of faith and morals (i.e. issues such as abortion). I promise to follow the precepts of the Church both <u>now</u> and <u>after</u> Confirmation.

Confirmation Candidate's Printed Name:

No Nick Names!	FIRST	MIDDLE	LAST	
Confirmation Candidate's Signature			Date	_

Precepts of the Church

- 1. To assist at Mass on all Sundays and holydays of obligation.
 - a. Jan. 1 Solemnity of Mary
 - b. 40 days after Easter Ascension Thursday
 - c. Aug. 15 Assumption of Mary
 - d. Nov. 1 All Saints' Day
 - e. Dec. 8 Immaculate Conception
 - f. Dec. 25 Christmas
- 2. To fast and abstain on the days appointed. (The Church's current regulations in the U.S. require fasting and abstinence from meat on Ash Wednesday and Good Friday; and abstinence from meat on the Fridays during Lent.)
- **3.** To confess our sins at least once a year in the sacrament of Penance.
- **4.** To receive Holy Communion worthily during the Easter Season. (To receive Holy Communion worthily, one must: observe the Eucharistic Fast of one hour before receiving Holy Communion; Be in the state of grace, Believe that Holy Communion is the true Body, Blood, Soul and Divinity of our Lord and Savior, Jesus Christ.)
- **5.** To contribute to the support of the Church (e.g. through contributions including time and talent.)
- **6.** To observe the laws of the Church concerning marriage.