

This should be completed and the Eucharistic Adoration Log in the Red binder in the back of the church should be signed off before June 9, 2023

## Eucharistic Adoration



*Attend Eucharistic Adoration with your family or parent (not your class) for 1 hour*

***'So, could you not stay awake with me one hour?'***



Please consider the benefits of giving some of your time to honor our Eucharistic Lord by adoring Jesus in the Most Blessed Sacrament.

Spending one hour with Jesus helps us to recall how to talk 'with' Jesus and not talk at Him. Prayer/silence is such a rare commodity in our world, and it is in silence that you will hear God. We can pray for a special intention, offer prayers for the Church etc. Just being in the presence of Our Lord and listening with our hearts is a fruitful way to grow closer to God and to try and discern His will for our lives: *"How may I serve You, Lord?"*

St. John's offers Eucharistic Adoration with Exposition of the Blessed Sacrament a few days a week throughout the year. Please check the web site or one of our bulletins for a schedule. St. John's needs volunteers to commit to spending at least an hour or two each week so we can continue this most important devotion. Please consider the benefits of giving some of your time each week to honor our Eucharistic Lord.

### **Jesus is here!**

Imagine for a moment that we are living in Jesus' time and He has invited us to visit with Him and spend some quiet time getting to know Him better. Being aware who He was, we would be humbled and honored by such an invitation. We would put all our effort - our whole self - into being there with Him.

The good news is that Jesus is here with us TODAY - body, blood, soul and divinity - in the Holy Eucharist. Although Jesus comes to us under the appearance of bread and wine, His presence is as real to us NOW as He was flesh-and-blood-real to His disciples when he walked this earth. He can perform miracles, heal us, teach us, and love us. We can talk to Him, and He can speak to us through His Word (Holy Scripture) and through the Holy Spirit who lives in us through our baptism and confirmation.

Jesus, who is Love, invites us to come to Him, to share our lives with Him, to love Him, and to simply be present with Him in this Most Blessed Sacrament.



### **Will you come?**

***I am the bread of life. No one who comes to me will ever hunger; no one who believes in me will ever thirst. - John 6: 35***

From the website: <http://www.therealpresence.com/>

***Set the Eucharist at the center of your personal life and community life: love the Eucharist, adore the Eucharist, and celebrate it . . . Live the Eucharist by testifying to God's love for every person - Pope John Paul II, World Youth Day, Rome 2000***